

# वेदुरजोग वेदरपन



*Dear Valued Readers,  
I am very much excited to share the 5th edition of our e-newsletter. This edition encapsulates the latest happenings, updates, and valuable insights from our vibrant district, shedding light on the unwavering efforts and dedication of our community.*

*This e-newsletter serves as a bridge, keeping everyone informed and connected. It is a space to exchange ideas, share success stories, and address challenges, fostering a stronger and more united community. Together, we are working towards a shared vision of progress and development.*

*I encourage everyone to delve into this edition, share it with your network, and contribute your thoughts. Your feedback is crucial and will guide us in enhancing future editions.*



**Rohan Kumar Jha, IAS**  
District Commissioner &  
Chairman, DDMA Cachar



**Yubaraj Borthakur, ACS**  
CEO, DDMA Cachar

*Dear Community Members,*

*I am thrilled to share with you the release of the 5th edition of our e-newsletter, brought to you by DDMA. We trust that this e-newsletter will offer valuable insights and information to all our readers. It stands as a testament to our commitment to transparency, community engagement, and building a resilient future together.*



# GLIMPSES OF THE EDITION



## Topic 1 Community Engagement and Resilience-

- Highlights initiatives fostering community resilience, such as awareness programs, school safety programs, and the success of Community Facilitation and Resource Centers (CFRCs).

## Topic 2 Emergency Preparedness and Mock Exercises-

- Collection of activities focusing on disaster preparedness, including earthquake and flood sensitization, fire drills, and knowledge exchange series.



## Topic 3 Training and Capacity Building-

- Activities centered around training sessions and capacity building, covering search and rescue training, equipment handling, and knowledge exchange on disaster resilience.



# EARTHQUAKE & FLOOD TRAINING AT ONGC, SRIKONA

**Community Resilience: The collaboration between ONGC, DDMA, and the NDRF team highlights the power of organisations coming together to build resilience in the face of natural disasters.**

ON 4TH JULY 2023



A training program on earthquake and flood preparedness was organized at ONGC, Srikona in collaboration with District Disaster Management Authority (DDMA), Cachar, and the 1st Battalion National Disaster Response Force (NDRF) team. The program saw active participation from all the staff at ONGC, Srikona, as well as students from Kendriya Vidyalaya, Srikona, with a total of 60 participants attending this vital exercise.



## **Disaster Resilience Knowledge Exchange with Cachar Volunteers**

ON 8TH JULY 2023

A Knowledge Exchange series on Disaster Resilience Skills for Livelihoods was conducted in the Auditorium Hall of Boscotech, Ramnagar, Silchar with AAPDA MITRA & CFRC Volunteers of Cachar District. The program was jointly organized by DDMA Cachar, IAG Cachar & Boscotech (A Technical Institute of Don Bosco Silchar). A total number of 80 volunteers attended the exercise

# Equipments Handling Training for CQRT Members

**ON JULY 13TH, 2023**

Training for CQRT members of Silchar Rev Circle on different equipment handling was organized at PWD Guest House, Silchar by DDMA, Cachar in collaboration with 1st Bn. NDRF team. The objective of this training program was to understand how & when to apply tools, improve machinery handling operations, and analyze Systematic machine handling to learn the importance of properly handling equipment, etc. Recently various equipment was received from ASDMA as a District Emergency Stockpile under DDMA, Cachar.



***United in readiness, we strive for safety – a collective commitment in the face of challenges***

Level-3 Fire Mock Drill conducted at IOCL, Kumbhirgram AFS by DDMA Cachar in collaboration with IOCL, NDRF, F&ES, Air Force, CISF, Airport Authority of India.



***Level-3 Fire Mock***

***Drill at IOCL***

***Kumbhirgram AFS:***

***Collaborative***

***Preparedness Effort***



# MULTI-STAKEHOLDERS ROUNDTABLE CONFERENCE ON CFRC ROLL-OUT

ON JULY 18TH, 2023



A one-day Multi-Stakeholders Strategic Planning cum Roundtable Conference on CFRC Roll-out was hosted at Dey's Hotel Conference Hall, Rongpur, Silchar. Participants from line departments, IAG Cachar, and Assam University Silchar convened to discuss effective implementation of CFRC's. The program, inaugurated by ADC & CEO, DDMA Cachar, marked a collaborative effort in refining the roll-out strategy.



## **Workshop: Mainstreaming DRR & CCA in District Planning**

ON JULY 19TH, 2023

A one-day workshop on Mainstreaming Disaster Risk Reduction (DRR) & Climate Change Adaptation (CCA) at District level Planning took place at Dey's Hotel Conference Hall, Silchar, on July 19, 2023. The program, inaugurated by ADC & CEO DDMA Cachar, saw active participation from line department officials. Resource persons from ASDMA, Assam University, NIT Silchar, and DRR Consultant Dr. Rajiv Gupta enriched the workshop with insights and presentations, emphasizing on the integration of DRR and CCA into district-level planning processes.

# Practical Training for CQRT Members on IR Boat and Equipment Handling

ON JULY 24, 2023

a practical training program was conducted for CQRT members of Silchar, Katigorah, and Sonai Revenue Circles on the utilization of Inflatable Rubber (IR) Boats and the usage of other equipments received from ASDMA. The training took place at Barak River and was facilitated by the NDRF Team stationed at Silchar. Participants were trained on effective handling of IR Boat and other essential equipment. This initiative contributes to enhancing the preparedness and response capabilities of the CQRT members, reinforcing the district's commitment to disaster management.



## ***A Lifeline After the Floods – Connecting Communities to Recovery in Cachar***

The Community Facilitation and Resource Centers (CFRC), established in response to the Cachar floods of 2022, have sustained their impact by providing vital access to information and connecting vulnerable households with government schemes for recovery. This initiative has proven to be instrumental in linking marginalized communities to essential social protection schemes, effectively contributing to reducing vulnerability and bolstering resilience. The CFRC's success exemplifies the harmonious connection between humanitarian and developmental phases in the Cachar District.



*Nurturing communities through CFRC- bridges the gap between relief and resilience, fostering a stronger and more resilient future*

# EMPOWERING TOMORROW'S LEADERS: AT ASSAM UNIVERSITY SILCHAR, ERM TRAINING AND DISASTER MANAGEMENT EXHIBITION

ON AUGUST 9, 2023



A one-day training on Enterprise Risk Management (ERM) and an exhibition on Disaster Management were held at the Bipin Chandra Pal Auditorium of Assam University Silchar. The program was jointly organized by DDMA Cachar, Department of Social Work AU Silchar, ONGC, NDRF, and SDRF. Prof. Rajive Mohan Pant, Hon'ble Vice Chancellor of A.U. Silchar, inaugurated the program in presence of CEO DDMA Cachar, Sri Yubaraj Borthakur, and other officials from ONGC, NDRF, SDRF, and DDMA Cachar. The collaborative event, attended by 90 participants including students, staff, and security personnels, aimed to enhance understanding of ERM and disaster management.



## ***Independence Day Celebration at DDMA, Cachar, Silchar***

On the occasion of the 77th Independence Day observation followed by a celebration program was organised at DDMA Cachar, Silchar. Sri Yubaraj Borthakur CEO DDMA, proudly hoisted the flag in the presence of all officials from DDMA, NDRF, and CQRT members. The event was a symbol of unity and patriotism, marking the significance of India's independence.

# MOCK DRILL ACROSS '77' SCHOOLS IN CACHAR DISTRICT FOR INDEPENDENCE DAY PREPAREDNESS

*"In the face of challenges, preparedness is our greatest strength. Mock drills not only simulate emergencies but cultivate a culture of resilience, ensuring that safety is not just a practice but a way of life."*



## 1 On August 10, 2023

A mock drill in 77 high and higher secondary schools in Cachar District, in collaboration with the Education Department, NDRF, SDRF, AAPDA MITRA volunteers, and CQRTs under DDMA, aimed to enhance emergency preparedness and school safety. Coinciding with Independence Day, 750 teachers and students actively participated, monitored online by DDMA Cachar from DEOC.

## 2 On August 29, 2023

A School Safety Program and Drop Cover Hold Exercise were conducted at Saint Capitanio School, Silchar. The program, jointly organized by DDMA Cachar and NDRF Team, saw active participation from a total of 60 teachers and students, emphasizing the importance of safety measures in schools.

## 3 Two-Day Search & Rescue Training

A two-day training on search and rescue for CFRC volunteers from 20 Gram Panchayats commenced on August 21st and 22nd, 2023, at Boscotech Institute, Ramnagar, Silchar. The program, conducted in collaboration with IAG, Cachar, and NDRF, witnessed the participation of two volunteers from each from 20 GPs, totaling 40 participants.

## 4 Table Top Exercise

Strategizing earthquake preparedness, a Table Top Exercise was held in Lakhipur as part of the 2-Day Mock Exercise, organized by 1st BN NDRF in collaboration with DDMA Cachar & Lakhipur Sub-Division. The session involved 85 participants, discussing roles, responsibilities, and sequence of actions for effective response.



# MOCK EXERCISE AND LESSON LEARNT SESSION IN LAKHIPUR



## 5 2-Day of Mock Exercise in Lakhipur

On the second day Mock Exercise on an earthquake scenario, followed by a Lesson Learnt Session, was conducted in the presence of ADC, Cachar, and I/c SDO (Civil), Lakhipur. The program was organized by the 1st BN NDRF in collaboration with District Disaster Management Authority, Cachar, and Lakhipur (Civil) Sub-Division, and witnessed active participation from all response agencies and line department staff. The event was deemed successful, with shared observations during the Lesson Learnt Session. All participants were urged to implement corrective measures for a more effective response in future disastrous situations in the district. A total of 95 participants attended this exercise.



## 6 On September 21, 2023

A table Top Exercise was conducted in Silchar as part of the 2-Day Mock Exercise on Earthquakes, organized by 1st BN NDRF in collaboration with DDMA Cachar. The program was Inaugurated by SDO (Sadar), Silchar, the program engaged 90 participants from various line departments, discussing roles, responsibilities, and the sequence of actions for effective earthquake response.



## 7 On September 29, 2023

A School Safety Awareness Program was conducted at Nittyo Gopal Higher Secondary School, Sonai, by the 1st BN NDRF Team in collaboration with DDMA, Cachar. The program, attended by a total of 75 students and teachers, aimed to empower the school community with knowledge and preparedness for ensuring a safe learning environment.

# MOCK EXERCISE AND LESSON LEARNT SESSION



## 8 On September 22, 2023

A Mock Exercise on an earthquake scenario, followed by a Lesson Learnt Session, took place in Silchar as part of the 2-day Mock Exercise organized by 1st BN NDRF in collaboration with DDMA Cachar. In the presence of SDO (Sadar) and Circle Officer, Silchar Sadar, all response agencies and line departmental staff actively participated, ensuring the success of the event. Observations were shared during the Lesson Learnt Session, emphasizing on the need for rectification in future responses. As part of the drill, every government office and line department conducted a Drop Cover & Hold exercise, involving a total of 85 participants.



# Empowering Young Minds: Bal Sabha on Disaster Management and Child Rights in Katigorah and Silchar

ON AUGUST 30TH AND 31ST, 2023

Bal Sabha (Sishu Sabha) were organized in Tapang and Fulbari GPs under Katigorah and Silchar Revenue Circles. The program, jointly organized by DDMA Cachar and IAG Cachar under the aegis of UNICEF, Assam, brought together 31 teachers and students to discuss the basics of disaster management, child rights, and the concept of child-friendly spaces (CFS) in distress situations.



## Animal Health Care & Vaccination Camp in Durganagar Village

On August 26, 2023, a Animal Health Care & Vaccination camp was organized in flood-prone Durganagar village under Udharbond Revenue Circle. The program, jointly organized by DDMA Cachar, Reliance Foundation, and IAG Cachar, with support from the District Veterinary & AH Office, Silchar, witnessed the participation of 52 livestock farmers.



*Ensuring the well-being of our animals is a commitment to the heart of our communities.*

# BUILDING RESILIENT COMMUNITIES: DISASTER MANAGEMENT AWARENESS IN CHESRI GP

ON SEPTEMBER 2, 2023



A community awareness program on Disaster Management was conducted at Chesri GP, identified as vulnerable to flood disasters. The program, jointly organized by DDMA, IAG Cachar, and Reliance Foundation under the aegis of UNICEF Assam, engaged a total of 27 participants, aiming to empower and prepare the community for potential challenges.



ON SEPTEMBER 4, 2023,

## ***Animal Health and Vaccination Camp in Fulbari***

An Animal Health and Vaccination camp was organized in the flood-prone village of Fulbari. The program, jointly organized by DDMA Cachar, IAG Cachar, District Veterinary Office Cachar, and Reliance Foundation, drew the participation of 56 livestock farmers, emphasizing the importance of safeguarding the health of our animal companions.

***In collaboration with compassion, the Animal Health Care & Vaccination camp stands as a testament to collective care for our livestock, fostering resilience in the face of challenges***

# Strategic Dialogues: Disaster Resilience in Telecommunication Sector

**ON SEPTEMBER 8, 2023**

DDMA Cachar conducted block and district-level consultations on "National and Sub-National Disaster Risk and Resilience Assessment and Roadmap for the Telecommunication Sector in India." Stakeholders from the government and private sectors participated, facilitated by CDRI and PWC teams. Discussions focused on communication network challenges, SOPs for mobile network tower installations, and the importance of coordination with District Administration to prevent mismanagement during and post disasters. Block-level consultations at Borkhola Dev. Block office involved interaction with local residents and PRI members, addressing their network communication concerns during disasters. The BDO presided over the block-level meeting, attended by 100 members, while the district-level consultation, attended by 50 members, was presided over by Sri Van Lal Limpuia Nampui, ACS, in charge CEO DDMA.



## ***Empowering Communities: Disaster Management Awareness in Katigorah GP***

On September 5, 2023, a community awareness program on Disaster Management was conducted at Katigorah GP, identified as vulnerable to flood disasters. The program, jointly organized by DDMA Cachar, IAG Cachar, and Reliance Foundation under the aegis of UNICEF Assam, aimed to empower and prepare the community for potential challenges.

# ANIMAL HEALTH AND VACCINATION CAMP IN NUTAN RAMNAGAR PART-IV

ON SEPTEMBER 13, 2023



An Animal Health and Vaccination camp was organized in the flood-prone village of Nutan Ramnagar Part-IV under Sonai Revenue Circle. The program, jointly organized by DDMA Cachar, IAG Cachar, District Veterinary Office Cachar, Reliance Foundation, and ASRLM Cachar, saw the participation of 73 livestock farmers, emphasizing the collective care for our livestock.



## Joint Field Inspection in Katigorah Revenue Circle

ON SEPTEMBER 19, 2023

A joint field inspection took place at Katigorah Revenue Circle to assess the construction progress of a Multipurpose Flood Shelter. Representatives from ASDMA, including Sri Mirza Irshad, the Project Manager, and Sri Novo Deka, inspected in the presence of the Circle Officer of Katigorah Revenue Circle and the Executive Engineer of the PWD Building Division.



# Empowering Communities: Vulnerability Assessment and Multi-Sectoral Risk Reduction Training at Kalain Development Block

**ON SEPTEMBER 23, 2023**

A comprehensive training program on vulnerability assessment and multi-sectoral risk reduction was conducted at Kalain Development Block office under Katigorah Revenue Circle. The session was attended by 55 participants, with representatives from the Veterinary, Agriculture, P&RD, Health, and Social Welfare Departments, along with PRI representatives. The aim was to operationalize Community Facilitation and Resource Centers (CFRCs) for enhanced community resilience.



## ***Dam Break Analysis Field Visit with IIT Roorkee and Turial Hydro Electric Project Team***

On September 24, 2023, a field visit was conducted for dam break analysis along the downstream of Turial (Sonai) river. The visit included a team from IIT Roorkee and representatives from the Turial Hydro Electric Project, Mizoram.

# STRATEGIC PLANNING: CONSULTATIVE MEETING ON DAM BREAK ANALYSIS AND EMERGENCY ACTION PLAN FOR THEP

ON SEPTEMBER 25, 2023



a consultative meeting on Dam Break Analysis (DBA) and Emergency Action Plan (EAP) for the Tural Hydro Electric Project (THEP) took place at the Administrative Office of THEP in Tuirial, Dist. Kolasib, Mizoram. Prof. D. S. Arya, Dean (Administration), and the team from IIT Roorkee led the DBA and EAP preparation for THEP. The meeting, attended by a team from DDMA Cachar, involved discussions on suggestions for the EAP and collaborative Disaster Risk Reduction (DRR) activities in Cachar District. The team also visited various sites of THEP during the session.



## ***Continuing Dam Break Analysis Field Visit with IIT Roorkee and Tural Hydro Electric Project Team***

ON SEPTEMBER 26, 2023

The second day of the field visit was conducted for dam break analysis. The team, including representatives from IIT Roorkee and the Tural Hydro Electric Project, Mizoram, covered the stretch from the confluence point of Sonai River at Barak to Dholakhal FV (Upstream of Sonai River) near the Assam-Mizoram border.



# Vulnerability Assessment and Multi-Sectoral Risk Reduction Training at Barkhola Development Block

**ON SEPTEMBER 26, 2023**

A vulnerability assessment and Multi-Sectoral Risk reduction training program to operationalise CFRC's was conducted at Barkhola Development Block office under Silchar Sadar Revenue Circle. The training session was followed by a discussion with representatives from Veterinary Deptt. Agriculture Deptt. P&RD Deptt. Health Deptt. & Social Welfare Deptt. and PRI representatives. Emphasizing the need for interdepartmental Cooperation on this issue few resolutions were taken in the presence of line departments for the smooth functioning of CFRC's. (Total 40 nos. of participants attend this training program)



## **Animal Health and Vaccination Camp in Harinagar Part-I**

On September 26, 2023, an Animal Health and Vaccination camp was organized in the flood-prone village of Harinagar Part-I under Katigorah Revenue Circle. The program, jointly organized by DDMA Cachar, IAG Cachar, District Veterinary Office Cachar, and Reliance Foundation, saw the participation of 43 livestock farmers, emphasizing the collective effort to ensure the well-being of livestock in flood-prone areas.



*Ensuring the well-being of our animals is a commitment to the heart of our communities.*

# EMPOWERING RESILIENCE: VULNERABILITY ASSESSMENT AND MULTI-SECTORAL RISK REDUCTION TRAINING AT KATIGORAH BLOCK DEVELOPMENT OFFICE

*"Strength lies in unity, and resilience is born from knowledge. The vulnerability assessment and multi-sectoral risk reduction training embody our commitment to empowering communities. Together, we build a shield against uncertainties, forging a path to a safer and more resilient future."*



## 1 On September 29, 2023

A comprehensive training program on vulnerability assessment and multi-sectoral risk reduction was conducted at the Katigorah Block Development office under Katigorah Revenue Circle. The session, attended by 45 participants, included discussions with representatives from Veterinary, Agriculture, P&RD, Health, and Social Welfare Departments, along with PRI representatives. The training also delved into the functioning of the Block Disaster Management Committee and the roles and responsibilities of its members, enhancing the community's preparedness and resilience.

## 2 On September 29, 2023

A training program on vulnerability assessment and multi-sectoral risk reduction was conducted at Tapang Block Development office under Silchar Sadar Revenue Circle. The session, attended by 30 participants, included discussions on operationalizing Community Facilitation and Resource Centers (CFRCs) with the help of line departments. Additionally, the formation of the Block-level Disaster Management Committee and the roles and responsibilities of its members were deliberated, strengthening the community's preparedness and resilience.





# Protect Yourself During Deluges

## Flood Safety Essentials

### **01. Don't use Contaminated Food**

Consuming contaminated food can lead to severe illnesses and digestive problems, exacerbating health issues during floods.

### **02. Wash Hands with Soap Regularly**

Regular handwashing prevents the spread of harmful bacteria and viruses, reducing the risk of infections.

### **03. Don't let children/pets near flood water**

Floodwaters can contain hazards like debris, pollutants, and swift currents, posing dangers to children and pets.

### **04. Don't use contaminated water**

Contaminated water can carry diseases and harmful chemicals that may lead to serious health issues if ingested or used for cleaning.

### **05. Maintain hygiene and cleanliness**

Regular handwashing prevents the spread of harmful bacteria and viruses, reducing the risk of infections.

### **06. Use proper footwear**

Wearing suitable footwear safeguards feet from injuries, infections, and exposure to contaminated water.

### **07. Use boiled water**

Boiling water eliminates harmful pathogens, ensuring the water is safe for drinking and other uses.

### **08. Eat freshly cooked/dry food**

Freshly cooked or dry food reduces the risk of foodborne illnesses and ensures better nutrition during challenging times.



# Protect Yourself During Deluges

## Flood Safety Essentials

### **09. Use mosquito nets/repellents**

Mosquitoes in flood-prone areas can carry diseases, and using nets or repellents helps prevent their bites and potential infections.

### **10. Dispose of garbage properly**

Proper disposal of waste prevents the breeding of disease-carrying pests and maintains a clean environment.

### **11. Don't allow water to stagnate**

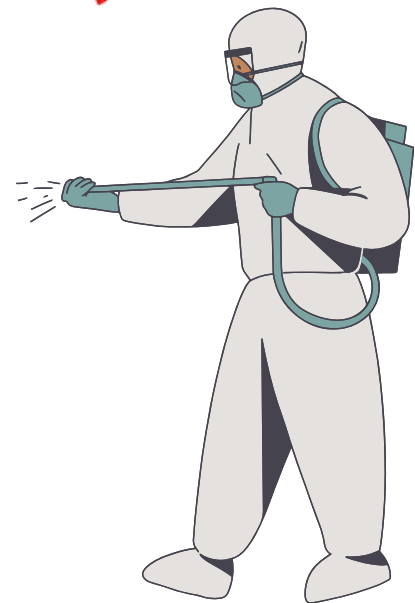
Stagnant water provides a breeding ground for mosquitoes and other disease vectors, increasing the risk of infections.

### **12. Stay away from open wires, fallen power lines, etc**

Fallen wires and power lines pose electrocution hazards, especially in wet conditions during floods.

### **13. Use disinfectants**

Disinfectants help eliminate germs and bacteria, reducing the risk of infections and maintaining a healthier living environment.



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